

## **FALL SLEEP SEMINAR 2010**



**Hilton Branson Convention Center Hotel**  
**Branson, MO. September 17<sup>th</sup> & 18<sup>th</sup>, 2010**

## Friday, September 17<sup>th</sup>, 2010

8:00 Check in - Continental Breakfast in Vendor Hall

8:50 Welcome

9:00 JOHN LEE RPSGT, RRT, MS

**Planning Your New Lab:** Aiming for Success Before You Open the Doors.

Objectives

1. Business Plan
2. Marketing
3. Building Considerations
4. Patient population to referral source ratio's.

10:00 **Key Note Address/** DR. TEOFILO LEE-CHIONG, MD

*Professor of Medicine Head, Division of Sleep Medicine*

*Department of Medicine National Jewish Health*

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### **Narcolepsy:**

Objectives

1. Understand the neurobiologic basis of narcolepsy
2. Identify and evaluate patients presenting with excessive daytime sleepiness
3. Manage sleepiness and cataplexy related to narcolepsy

11:00 15 min Break-Vendor Viewing

11:15 DR. TEOFILO LEE-CHIONG, MD

### **Circadian Rhythm Sleep Disorder:**

Objectives

1. Learn about the anatomy and genetics of human circadian rhythms
2. Differentiate among the different primary circadian rhythm sleep disorders
3. Manage patients presenting with shift work sleep disorder or jet lag

12:00-1:30 Lunch on your own-View the Vendor Hall

1:30 DR. DIMITRY FOMIN, MD

### **Complementary and Alternative Medicine as Treatments for Sleep Disorders:**

Objectives

1. Define Complementary and Alternative Medicine
2. Review patterns of use of complementary and Alternative Medicine in the scope of treating disorders of sleep
3. Discuss common forms of Complementary and Alternative Medicine

2:30 15min Break-Vendor Viewing

2:45 JOSEPH ANDERSON, RPSGT, CRT

### **Traditional vs. Non-traditional Education Resources**

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Objectives

1. Review historical and traditional education resources and pathways
2. Identify methods of delivering education
3. Identify emerging education resources
4. Emerging education resources

5:00-5:45 **WINE & CHEESE RECEPTION**

## Saturday, September 18<sup>th</sup>, 2010

8:00 Continental Breakfast in the Vendor Hall

9:00 John LEE RPSGT, RRT, MS

**Launching Your New Lab:** Beating Start-up Problems Before They Happen.

Objectives

1. Practical Considerations
2. Solutions to Problems
3. Inherent in a new venture

10:00 EILEEN KRADEL, Esq. Corporate Compliance Officer

**Follow the Yellow brick Road:** Health Care Reform--- Will we get to OZ?

Objectives

1. Provide an overview of Healthcare reform for 2010
2. Debunk some Healthcare reform myths
3. Update participants on the changing face of Health Insurance
4. Portability and Accountability Act (HIPAA)

11:00 15min Break-Vendor Hall Open

11:15 HAROLD DAVIS, RRT, CPFT

### **Sleep Laboratory Accreditation:**

Objectives

1. Preparation necessary to successfully complete the accreditation process for an IDTF
2. Receive tips on continuing compliance with accreditation standards

12:00-1:30 Lunch on your own-(Last opportunity to view vendors)

1:30 SHARI WELLS, MSN, APN

**Keeping Everyone Happy on the Playground:** Coordination and Quality of Care from the Office to the Sleep Lab to Home.

Objectives

1. Review the history of changes in care structure
2. Discuss challenges in the coordination of care between agencies
3. Strategies for ensuring quality of care for our patients

2:30 15min Break

2:45 DAVID PITTS, RRT

### **Neurally controlled Non-Invasive Ventilation**

Objectives

1. Review of current NIV therapy
2. Advantages of Neural Control
3. Possible advantages to the sleep community

# NEW

## FALL SLEEP SEMINAR WORKSHOPS

PLEASE FEEL FREE TO PARTICIPATE, YOU WILL HAVE THE OPPORTUNITY  
TO ENJOY MEETINGS AS WELL AS OUR WORKSHOPS

## AVAILABLE

FRIDAY SEPTEMBER 17<sup>TH</sup>

&

SATURDAY SEPTEMBER 18<sup>TH</sup>

*10:00 Stuart LeNeave & David Pitts, RRT*

**Topic: Neurally Controlled Non- Invasive Ventilation**

### *Objectives*

1. Review of current NIV therapy
2. Advantages of Neural Control
3. Possible advantages to the sleep community

*1:30 Buddy Marshall MEd, CRT,-SDS, RPSGT*

**Topic: Sleep Technology Instrumentation in 2010:**

Back to the Basics:

### *Objectives*

1. Explain the function of electronics typically used when recording polysomnographic (PSG) procedures.
2. Apply principles of electrical safety to minimize risk to the patient and technologist.
3. Describe basic electricity and magnetics, electrical conduction, circuits, and common mode rejection, as related to polysomnography.
4. Manipulate polarity, sensitivity/gain, high frequency filters, and low frequency filters to optimize recorded data.
5. Use AC amplifiers, DC amplifiers, and signal multiplexers in the context of data being recorded within practical limitations.
6. Summarize the impact of sampling rate, aliasing, and time base on PSG signal display quality.

## Course Registration Form

Name \_\_\_\_\_ Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Night \_\_\_\_\_ Email \_\_\_\_\_

Credentials  RT  Sleep Professionals  EEG  Physicians  Other \_\_\_\_\_

**FALL SLEEP SEMINAR & WORKSHOP BOTH DAYS** Total \$ 190.00

If you are interested in the workshops please indicate  YES  NO  Friday  Saturday  
(There will be no price difference for one day)

**This includes your educational credits**

**\*\*\*Please have information for registration in by July 26<sup>th</sup>, 2010**

**Payment Method** Checks should be made payable to 'Washington Regional Foundation'  
(Please list registrants name on check and send this form with check)

Registration is not valid without payment.

Credit Cards (Circle one) VISA MasterCard AMEX

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_ Required for credit card orders

For more information call Charli Evans at 479-463-2847 or Fax 479-527-3959 or

Email [charris@wregional.com](mailto:charris@wregional.com) / [cevans53@cox.net](mailto:cevans53@cox.net)

**First 50 registered attendees will receive a FREE Sleep Dream Kit!!!!**

## General Information

### TARGET AUDIENCE

Sleep Professionals, EEG techs, Physicians, RT's and other professionals interested in sleep medicine.

### LOCATION

The Fall Sleep Seminar will be held at the Hilton Branson Convention Center Hotel  
200 E. Main Street  
Branson, MO. 65616 417-336-5400

[www.bransonconventioncenter.hilton.com](http://www.bransonconventioncenter.hilton.com)

A block of guest rooms has been reserved at the Hilton Branson Convention Center Hotel. All the reservations must be made by individual attendees directly with the hotel's reservation department through the rooming list at 417-336-5400. The room rate at the Hilton is \$149.00 for the Single/double rate, \$169.00 for the triple/quad rate per night plus tax. Space is limited. Please make reservations well in advance. If the hotel rooms are full please ask about the other Hilton Hotels that will be available.

### MEALS

Continental Breakfast will be served Friday and Saturday morning in the Vendor Hall all other meals are the responsibility of the attendee.

### AIR AND TRANSPORTATION

Springfield / Branson airport is about 30 minutes to the Hilton Hotel.

### CONFIRMATION

Confirmations will be sent via email within one week of registration form and payment.

### CANCELLATION POLICY

Written notification must be submitted to the Fall Sleep Seminar for registration cancellation. A \$75.00 administrative fee will be withheld on cancellations postmarked prior to July 26<sup>th</sup>, 2010. After this date there will be no refunds.

### INFORMATION AND QUESTIONS

For information regarding the seminar contact:  
Charli Evans  
PO Box 9957, Fayetteville AR. 72703  
Phone 479-463-2847 Email [charris@wregional.com](mailto:charris@wregional.com)  
Or [cevens53@cox.net](mailto:cevens53@cox.net)

### CONTINUING EDUCATION UNITS

14 Continuing Education Units have been applied for from:  
American Association of Sleep Technologist  
American Association of Respiratory Care  
American Society of Electroneurodiagnostic Technologist