

VIRGINIA ACADEMY OF SLEEP MEDICINE DIRECTORS



William F. Cale, MD
Rockingham Memorial Hospital
RMH Center for Sleep Medicine
Harrisonburg, VA

William F. Cale, MD FAASM has been in Harrisonburg, VA since 1982 where he is medical director of the RMH Sleep Disorder's Center. He started in Harrisonburg, practicing pulmonary medicine. When the need for sleep medicine delivery became apparent, he established the one bed sleep lab in 1994. Since then the Sleep Center has grown to six beds and received its accreditation in 2005. He attended the Medical College of Virginia, graduating in 1977 and did post graduate training at West Virginia University Medical Center, finishing a pulmonary fellowship in 1982. He is board certified in Sleep Medicine, Pulmonary Medicine and Critical Care Medicine, and has served as Medical Director of Pulmonary Services since 2000.



J. Catesby Ware, PhD.
Sleep Disorders Center
Norfolk, VA

J. Catesby Ware is Professor in the Departments of Internal Medicine, Otolaryngology, and Psychiatry at Eastern Virginia Medical School (EVMS). He is Chief of the Division of Sleep Medicine within the Department of Internal Medicine and Director of the EVMS-Sentara Norfolk General Sleep Disorders Center. Research interests include sleep and the autonomic nervous system, the pharmacology of sleep, and measures of alertness, including driving simulator studies. His undergraduate degree is from the University of Virginia. He earned a master's degree from the College of William & Mary, and a PhD from Tufts University. He completed post doctorate training at Baylor College of Medicine.



Debbie A. Akers, RPSGT RRT
Sleep Disorders Center
Norfolk, VA

Debbie began her career in sleep technology in 1984. She became a RPSGT in 1994. She has volunteered on numerous AAST committees focusing on education and professional development, has served as an AAST education course director, and has trained countless sleep technologists, residents and physicians. She manages two AASM-accredited sleep disorder centers and manages and educates 20 staff RPSGTs and six physicians. She is co-director of, and sits on the advisory panel for, the one-year PSG program at Tidewater Community College in Virginia Beach. Debbie is a contributing author to the *Fundamentals of Sleep* textbook. **She is also the 2008 recipient of the AASM Dr. Sharon Kenan, RPSGT Service Award** for Debbie's outstanding efforts in advancing education in sleep technology.

Emory Robinette, MD
JMH Sleep Diagnostics Center
Abingdon, VA

Dr. Emory Robinette is a practicing sleep and pulmonary physician in Abingdon, Va. After completion of a masters degree at Medical College of Va., he received his MD at Eastern Virginia Medical School. Post graduate training in internal medicine and pulmonary disease was completed at EVMS. He currently serves as medical director for JMH-Medias Sleep Laboratory and practices sleep and pulmonary medicine. He is board certified in internal medicine, pulmonary disease, and sleep medicine (ABSM). Clinical interests include sleep/pulmonary medicine and participation in phase 2 and phase 3 respiratory trials.

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Marc Raphaelson, MD
Leesburg, VA

Dr. Raphaelson earned a BA degree from Brown University, and an MD degree at the University of Pennsylvania in Philadelphia. He trained at Stanford University and at the National Institutes of Health. Dr. Raphaelson is board certified in Neurology and in Sleep Medicine by the American Board of Psychiatry and Neurology and in Sleep Disorders Medicine by the American Board of Sleep Medicine. He has been a member of the AASM's Health Policy Committee and now is a member of the American Academy of Neurology's (AAN) Medical Economics and Management Committee. He is representative for the AAN at the American Medical Association's Relative Value Update Committee. He is a medical director for SleepMed in metropolitan Washington, DC, where he is in private practice.