

VIRGINIA ACADEMY OF SLEEP MEDICINE EXECUTIVE BOARD OF DIRECTORS

PRESIDENT

Robert D. Vorona, MD
Sleep Disorders Center
Norfolk, VA



Dr. Robert Vorona obtained his undergraduate degree from Duke University and his M.D. from the University of Virginia School of Medicine. He performed his internal medicine residency at the University of Michigan at Ann Arbor and his pulmonary fellowship at University of North Carolina at Chapel Hill. Dr. Vorona is board certified in internal medicine, pulmonary medicine and sleep disorders medicine (ABSM). He has cared for patients with sleep disorders for over 2 decades. He currently is the medical director of the EVMS/SNGH Sleep Disorders Center and an Associate Professor in the Division of Sleep Medicine at Eastern Virginia Medical School. He has previously served on the American Academy of Sleep Medicine's National Committee on Accreditation from 2004-2007 and prior to that participated as a site visitor for the AASM.

PRESIDENT-ELECT

Richard A. Parisi, MD
Sleep Disorders Centers of Virginia
Henrico, VA



Dr. Parisi received his M.D. degree from the Medical College of Pennsylvania in Philadelphia. Prior to joining Sleep Disorders Center of Virginia, he was Associate Professor of Pulmonary and Critical Care Medicine, University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School. He was also Medical Director of the Comprehensive Sleep Disorders Center at Robert Wood Johnson University Hospital. He has been Medical Director of Sleep Disorders Center of Virginia since 2002, and he is also Associate Clinical Professor of Internal Medicine at the VCU School of Medicine. Dr. Parisi is board certified in Internal Medicine and Pulmonary Disease (American Board of Internal Medicine), and in Sleep Medicine (American Board of Internal Medicine). He is nationally and internationally known for his research in respiratory physiology and sleep disorders.

SECRETARY

Teresa A. Carroll, RPSGT REEGT CRT
Carilion Sleep Center
Roanoke, VA



Teresa began her career in Respiratory Care in 1975 and was a Certified Technician and licensed Virginia Respiratory Care Practitioner. She then trained and became an EEG Technologist in the mid 80's, obtaining her Registry and starting an EEG lab. In 1989, she pursued additional training as a sleep tech before starting a new sleep center, then becoming a Registered Polysomnography Technologist in 1993. She is now the manager of Carilion Clinic Sleep Center in Roanoke, an 8 bed AASM accredited center with a busy sleep physician practice, as well as managing a 2 bed satellite center in the Westlake area. She was instrumental in helping form the Blue Ridge Sleep Society to promote education and networking for sleep techs in the Western part of Virginia. She has a special interest in seeing sleep techs pursue education, credentialing, and excellence in career development. She is passionate and enthusiastic about sleep medicine and the difference we can make in people's lives and health.

TREASURER

Kathe G. Henke, PhD.
Sleep Disorders Center of Virginia
Henrico, VA



Dr. Henke is board-certified in Clinical Sleep Medicine (American Board of Sleep Medicine). She earned her PhD in Respiratory Physiology from the University of Wisconsin. She performed her post-doctoral clinical training in sleep disorders at the University of Sydney in Australia. She has done extensive research in the area of control of breathing during sleep and treatment of sleep disordered breathing. Dr. Henke is a Clinical Associate in the Department of Internal Medicine at the Medical College of Virginia. She also serves on the Executive Board of the American Sleep Apnea Association and the Board of Directors of the CoA PSG committee. She is a lecturer at the School of Sleep Medicine in Palo Alto, California. Dr. Henke has been on staff at Sleep Disorders Center of Virginia since 1996.